

# Horsham & District Riding Club

## Spring Training Weekend

<b>LOCATION:</b>	Hickstead	<b>DATE:</b>	25 <sup>th</sup> April 09
<p>Following on from the popularity of the HDRC camp held at Hickstead last year, members requested more use of the fabulous 100m x 50m all weather arena this year. So on Saturday there was the first of several days spring training. The day was dedicated to flat work with groups of riders working at all levels from prelim to advanced medium.</p> <p>Matt Cox, (Carl Hester look a like !) who competes at grand prix level, was the instructor for the day. He took horse and rider combinations through their paces in the morning and then built on that session in the afternoon, with further exercises or advice on riding a dressage test of their choice. His enthusiasm was infectious and inspiring for those taking part and for the spectators. He often rode the horses to get a feel for their way of going which helped him then pass on his tips how to get the best out of your horse.</p> <p>The day was brilliant. Everyone thoroughly enjoyed it and saw the improvement in themselves and their horse. The friendly atmosphere was helped by the wonderful sunshine that allowed everyone to watch and encourage each other from the comfort of the clubhouse balcony, over a cup of coffee and home made chocolate cake!</p> <p>Thanks to Matt, and Simon at Hickstead. HDRC are also looking forward to the showjumping day which has been moved to Sunday 17<sup>th</sup> May There is also a another flat work day at Hickstead on Saturday 16<sup>th</sup> May . – spaces available for both days, contact Max on 07818 413058. New members very welcome !</p> <p>Max Gayler</p>			